

## **The Snowmobile Bible, progression safety over dangerous terrain**

*By Àlex Simó i Casanovas*

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*Book about snowmobiles security technics driving through glaciers.*

### **THE SNOMOBILE BIBLE, PROGRESSIVE SAFETY OVER DANGEROUS TERRAIN**

Author: Àlex S. Casanovas

Spanish to English translation: Annette McGaffney

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#### **The book**

Moving around glaciers is a dangerous activity in which many accidents have fatal consequences. Aware of this, the author has gathered data and information, resulting from the tests and trials conducted with his collaborators during six years of work at the Spanish Antarctic Station “Juan Carlos I”. The result is this essential piece of work for those who wish to get inside glaciers with snowmobiles. It’s all about the first book which explains in detail and with precision the steps that need to be followed in order to be able to control snowmobile movements: glacial progression system, necessary equipment, anchors, techniques, protocols, etc. Alex S. Casanovas provides added value to this manual by adding photographs, tables and diagrams which help the reader –whether professional, amateur or simply anyone who wishes to begin a new specialty – understand the theoretic lines, and includes a small first aid guide and simulated self-rescue exercises, stop and jump, as well as practical exercises for participants and clients traversing by glaciers. Until now, most guides have passed along their knowledge and experiences verbally.

The Snowmobile Bible fills a documentary void and it does so using clear and practical language which makes it a reference manual apt for any public.

#### **About the author**

Àlex S. Casanovas (Barcelona, 1960) is an outdoor activities instructor and life-coach who began climbing at 15 and making serious solos within a year. Relevant professional activities have included Senior Mountain Guide and Logistics Coordinator at the Spanish Antarctic Station “Juan Carlos I” in Livingston Island. Guiding and Logistics for various commercial outfits in the Pyrenees and Catalonia and head of logistics and planning for “Medicos Sin Fronteras” in Guatemala. He has climbed globally from Catalonia and the High Pyrenees, the Alps and Dolomites to Brazil, Guatemala, Indonesia, Australia and Antarctica both partnered and alone. His other pastimes include, photography, mountain biking and competitive karting. He has completed two solo bike rides across desolate sections of the Simpson Desert (Australia) and the Atacama Desert (Chile). His written and photo essays have been published in Desnivel, Solo Bici, Vertex, the MSF-NGO magazine and the web blog from Antarctic Spanish Station. The snowmobile bible, progressive safety over dangerous terrain is his first book.

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Mountain Guide and Logistics. Polar expeditions (sport and scientific) logistics coordinator. Conferences. Team Building and Motivation. Security technics courses (climbing, alpinism, snowmobile). Adventure advisor (4x4, Snowmobile, MTB, Trekking).

Category Security, Sports, Transportation  
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