

Vital Essence of Carmel Introduces Energy Healing to Therapeutic Massage Practice

Unique addition to services in Carmel, New York

Sept. 9, 2008 - [PRLog](#) -- Carmel, New York (August 27, 2008) – Vital Essence of Carmel, a Therapeutic Massage business, today announced a unique addition to their services. As a growing business in our community, in addition to Swedish Massage, Deep Tissue, Shiatsu, Reflexology and Hot Stone Massage, they are now offering Energy Healing sessions. This service will be of tremendous value to clients needing relief from pain, stress, and many other ailments. Owner Susie Ryan says "It has been a dream of mine to open a complimentary wellness center. Six months ago, I opened my practice. I'm now in the process of growing my dream."

Energy healing has been gaining popularity and acceptance throughout the world in clinics, hospitals and in private practice. Reiki, (pronounced Rei Key), is a form of energy healing which can reduce pain and stress while providing deep relaxation and greater well being. Reiki balances emotions, facilitates personal healing and mental clarity. Energy healing compliments traditional medical treatments and has been shown to reduce the effects of Chemotherapy and Radiation in cancer patients. Reiki is being used at Sloan Kettering, Columbia Presbyterian in New York City, Yale New Haven Medical Center, Northern Westchester Hospital and several other hospitals around the world.

Dr. Mehmet Oz, one of the leading cardiovascular surgeons in the United States, has allowed the use of reiki during open heart surgeries and heart transplant operations. Says Dr. Oz: "Reiki has become a sought-after healing art among patients and mainstream medical professionals. It is believed that Reiki sessions cause patients to heal faster with less pain. (<http://healthcare-research.suite101.com/article.cfm/reiki...>)

A recent study by UCONN researcher Gloria Gronowicz published evidence that energy healing promoted cell growth in bone, tendon and skin cells at "statistically significant rates". (<http://www.uchc.edu/ocomm/newsarchive/news08/jul08/healin...>).

The US Army is also using Reiki and other alternative methods for PTSD patients and just unveiled a \$4 Million program to investigate everything from "spiritual ministry, transcendental mediation, {and} yoga," to "bioenergies such as Qi gong, Reiki, and distant healing" to mend the psyches of wounded troops. (<http://blog.wired.com/defense/2008/03/army-bioenergy.html>)

Reiki sessions will be given by Certified Usui Reiki Master/Teacher, Barbara Tierney of Carmel by appointment. Barbara was trained by renowned Reiki Master Teacher William Lee Rand of the International Center for Reiki Training and Kathleen Prasad of Animal Reiki Source, a leader in Animal Reiki. Barbara works with back pain, infertility, labor, births, children, and pets and teaches Reiki and Reiki for Animals.

For more information about Reiki, go to: www.healingreikienergy.com or www.reiki.org

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Vital Essence of Carmel is a Therapeutic Massage Studio which offers Swedish, Hot Stone, Prenatal, Pregnancy Massage as well as Reflexology and Reiki. HealingReikiEnergy helps people manage pain, resolve emotional issues, overcome anxiety, and solves many other health, emotional and spiritual issues...

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