



Carolyn C. Martin, Psychotherapist & Counselor, will now be available at Liveperson.com

Carolyn C. Martin can now be found at www.liveperson.com/carolyn-c-martin for live chat or phone counseling or by email.

July 3, 2008 - [PRLog](#) -- After doing counseling and psychotherapy in private practice and in hospitals for over 20 years, Carolyn C. Martin, MS, LPC, LMFT, has become available for online chat, phone counseling and through email at www.liveperson.com/carolyn-c-martin.

Ms. Martin is a Licenced Professional Counselor and Marriage and Family Therapist in Austin, Texas. She provides counseling & therapy to individuals, couples, and families. She feels that her first task as a therapist is to establish trust with my clients. Then she will help them discover better ways of dealing with their world. Her approach to therapy is compassionate, reassuring and solution oriented. She sees individuals for depression, anxiety and sexual abuse. She sees couples for premarital, marital, post-divorce, specializing in issues of infidelity, affairs, and cheating. She also sees clients for parenting issues, specializing in the problems of new parents.

Ms. Martin uses a multitude of therapeutic approaches: cognitive behavioral, solution-focused, psychodynamic, existential, behavioral, and family systems therapy, etc. Coming from a teaching background, she is acutely aware that clients have a wide variety of learning styles. She tries to fit the method to the client.

When working with couples in premarital or marriage counseling, she assesses & facilitates change using the research & methods of John Gottman. This approach for marital success is comprehensive and highly effective. She is a Certified Gottman Educator for the Bringing Baby Home Workshop also.

You can also find her at www.mariposapsychotherapy.com

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Counseling & Psychotherapy for adults--individuals, couples, families and groups for a wide range of issues.

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