

## **Tara Kachaturoff interviews Darlene Danko Sowa on Michigan Entrepreneur Television**

*Darlene Danko Sowa, president of Professional Fitness Systems, LLC discusses her wellness business as well as her new book, Taking Flight Through Movement. Michigan Entrepreneur is a weekly television show produced and hosted by Tara Kachaturoff.*

**June 20, 2008** - [PRLog](#) -- Michigan Entrepreneur is a weekly television talk show featuring businesses from start-up to stellar. The program for the Week of July 14, 2008 features Darlene Danko Sowa, president of Professional Fitness Systems, LLC. Produced and hosted by Tara Kachaturoff, Michigan Entrepreneur is a weekly television talk show featuring Michigan business leaders as well as organizations that promote and support entrepreneurship.

Darlene is also the author of Taking Flight Through Movement. In her book she discusses how, "Spirit is our essence and moving is our nature." (Sowa) Her book discusses the power of exercise and how it can help you in all aspects of your life.

Michigan Entrepreneur is a community access television program based and produced in Oakland County, Michigan, in partnership with Bloomfield Community Television (BCTV). From high-tech to biosciences, and everything in between, Michigan Entrepreneur focuses on business leaders who are key to Michigan's successful economic growth.

Created, hosted and produced by executive coach and business consultant, Tara Kachaturoff, this program is designed to support and build entrepreneurship within the local community as well as throughout the State of Michigan. For more information about the program please visit the <http://www.MichiganEntrepreneurTV.com> or contact Ms. Kachaturoff at 248.723.1926.

Website: [www.michiganentrepreneurtv.com](http://www.michiganentrepreneurtv.com)

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