

How to Choose the Right Halfway House-Integrity Way

By Integrity Way

Dated: Jun 17, 2008

Choosing a halfway house can be difficult with so many out there to choose from. Making the right decision does require a bit of time and reseach but it is well worth the effort.

How do I choose the right place to begin my new life in sobriety? What do I look for?

These are questions that Integrity Way in Delray Beach, Florida <http://www.integritywayflorida.com> handles on a regular basis.

There are some keys ways to determine which halfway house is appropriate for you. Structure, Staff, Support, Stability are the four S's that can give you a jump start on choosing the right halfway house.

When doing research, you want to find out what type of structure an organization has. Are there curfews and random drug testing? Is the owner the only staff member and if so, how many residents does he or she oversee? Is there house meetings on a weekly basis? Are residents required to make a certain amount of 12 step meetings per week? Are the meetings close by?

Staff is very important to any organization but especially a halfway house and its many needs. Some questions you want to ask are, does the staff get drug tested? How much clean and sober time do they have? Do they have training? How many staff members are with the organization?

Support is very important to anyone coming into a halfway house. The transition can be very stressful and scary. It is important that there is immediate support for all new people. Some questions you may want to ask are, is there a big brother or big sister tye program? Is there a senior resident in each home? How often does the staff check the houses?

Stability is the last S and a vital one. How stable is the program? Is over a year old? Who is running it? What structure is involved on the corporate side? Is it well staffed?

Does the program have a good reputation? Does the program participate in any associations that are credible?

These four S's will give you are great start.

<http://www.integritywayflorida.com>

###

Transitional Housing continues to be one of the most effective ways of attaining continued abstinence from drugs and alcohol. Our sober living community believes that with the proper education, support, and willingness, everyone has the opportunity to recover from substance abuse. We provide our residents with the structure, tools, and guidance they need to become a valuable, loving, happy, family-oriented person again. It is our mission to provide you with a safe and sober living environment on your journey to recovery.

Category	Services, Lifestyle, Health
Tags	halfway, houses, sober, living, delray, beach, Florida
Email	Click to email author
Phone	561-278-6122
Address	100 East Linton Blvd Delray Beach, Florida

	Suite 123B
Zip	33448
Country	United States