

## Halfway Houses in Delray Beach- How to choose?

By Integrity Way

Dated: May 08, 2008

*Choosing a halfway house or sober living environment can be difficult especially if you are new to the recovery process. There are many different ways to choose and choose wisely. Here are a few variables: Location, Structure, Cost, and Staff.*

How do I choose the right place to begin my new life in sobriety? What do I look for?

These are questions that Integrity Way in Delray Beach, Florida [www.integritywayflorida.com](http://www.integritywayflorida.com) handle on a regular basis.

Integrity Way's VP of Marketing tells people he speaks with to not base their decision primarily on an organization's website especially if they are calling from out of state and can not visit the facility. So how do you make such an important decision? You can go to [www.halfwayhouseusa.com](http://www.halfwayhouseusa.com) and download an entire e book on how to choose the right halfway house. You can look some of the main variables such as where are they located, what is their structure like, what are the cost involved and who are the staff? You can call local treatment centers and ask who they refer their clients to and why? You can also call halfway houses themselves and ask around about others in the area. Generally, they will give you a good idea of who to visit for a tour and who not to. There are numerous ways of find the right halfway house or sober living facility but remember, before making this decision, do your homework.

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Transitional Housing, halfway houses, and sober living environments continue to be one of the most effective ways of attaining continued abstinence from drugs and alcohol.

Category	Human Resources, Services, Lifestyle
Tags	halfway, house, sober, living, integrity, way, delray, beach, Florida, treatment, center, halfwayhouseusa
Email	<a href="#">Click to email author</a>
Phone	561-860-7996
Fax	561-278-6122
City/Town	Delray Beach
State/Province	Florida
Zip	33445
Country	United States