## Atlanta-based Cosmetic Dentist Keynotes at National Black Women'sHealth Conference in Atlanta



Atlanta-based Cosmetic Dentist, Dr. Shai Hall of The Dental Spa Keynotes at the 2008 National Black Women's Health Conference Discussing the Dynamics of Staying Healthy by Maintaining a Healthy Smile

**April 29, 2008** - <u>*PRLog*</u> -- Dr. Shai T. Hall of The Dental Spa, known for providing patients with "A pampering touch" will keynote at the 2008 National Black Women's Health Conference at the Westin Peachtree Plaza on Friday, May 2nd from 11:15am - 12:15pm. This year's conference, "I Am Every Woman" focuses on improving the quality of health among African-American Women.

Dr. Hall's workshop, "I Am Beautiful: Maintaining A Healthy Smile" will inform attendees on how maintaining a healthy smile by using simple maintenance techniques will improve their overall health adding years of life to their total life span. Dr. Hall shares, "Many people don't know that just by flossing daily will add at least six years to their overall life span." According to Oral Health America; the U.S. Surgeon General reports that African-Americans, Hispanics, American Indians and Alaska Natives generally have poorer oral health than their racial and ethnic groups in the U.S. Dr. Hall continues, "With rising health care costs, it's important to me that I empower individuals with techniques they can use in the home that will help them maintain a healthy smile." Dr. Hall will discuss the relationship between dental health and many chronic diseases that affect many of us today such as: cardiovascular disease, high blood pressure, and diabetes.

Other keynote speakers for the event include: Xernona Clayton, Founder, President and CEO of the Trumpet Awards Foundation, Inc.; Pearl Cleage, accomplished Playwright, Journalist, Poet, and Novelist; Shirley Franklin, Mayor of Atlanta; Charmaine Heard MD; Medical Director for AmeriChoice; Lynne Perry-Böttinger, M.D., Assistant Professor of Clinical Medicine at Columbia University and Clinical Assistant Professor of Medicine at Weill Medical College of Cornell University; Haile Mehansho PhD; Jovita Moore, Channel 2 Action News Anchor; Renee Roberts, Nurse Practitioner and Clinical Team Leader at Evercare Georgia; Dr. Frederick T. Work, Atlanta-based surgeon and regular contributor to Fox 5's "Good Day Atlanta".

Dr. Shai Hall opened The Dental Spa, located in Marietta in 2005 and has been coined by her clients as the dentist with "the pampering touch". Patients of The Dental Spa receive comprehensive dentistry in addition to an assortment of spa amenities including chair massages, paraffin hand wax treatments and aromatherapy

during visits. Constantly looking for ways to enhance her skills, Dr. Hall is currently enrolled in a five-course curriculum at the nationally renowned Las Vegas Institute for Advanced Dental Studies and has taken more than 400 hours in advanced cosmetic dental training. Dr. Shai Hall received a BS in biology from Bethune-Cookman College in Daytona Beach, Florida, and her DDS degree from the University of Maryland - Baltimore College of Dental Surgery.

Dr. Hall is a highly sought-after speaker and has appeared in such publications as, Jezebel Magazine, Black Health Magazine as well as other health & wellness publications. She is a member of both the America Academy of Cosmetic Dentistry (AACD) and the Academy of General Dentistry. Dr. Hall is a member of the Cobb Chamber of Commerce and has volunteered at the Ben Massell Dental Clinic in Atlanta.

To attend Dr. Hall's workshop at the National Black Women's Health Conference, please visit <u>http://www.nbwhc.com</u> for more information or contact Dr. Hall directly @ 770.563.8100.

## About The Dental Spa

Known as "Dentistry with a pampering touch", The Dental Spa receives patients all over the metro Atlanta area, as well as patients as far away as California and Chicago. As a neuromuscular dentist, Dr. Hall combines her knowledge to evaluate teeth, gums, jaw joints, muscles and nerves that affect orthodontia. The Dental Spa offers an array of dental services that includes: Laser Teeth Whitening, Lumineers, Porcelain Veneers, Invisalign, Smile Makeovers, natural colored fillings, cleanings and much more. In addition to comprehensive dentistry, The Dental Spa offers patients an assortment of spa amenities, such as: chair massage, paraffin hand wax treatment, and aromatherapy.

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