

Fabulous Fridays: Organizing Basics 101 Hosted by The Women's Center of St. John's Mercy

By St. John's Mercy Medical Center

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This hands-on workshop teaches realistic goals, processes, simple techniques and helpful products to help you get and stay organized.

The Women's Center of St. John's Mercy, located at 12348 Old Tesson, is hosting Fabulous Fridays: Organizing Basics 101 from 9:30 to 11:30 a.m. on Friday, April 18 for \$10. This hands-on workshop teaches you about realistic goals, processes, simple techniques and helpful products to get and stay organized.

If it's time to tackle your mess, and you feel overwhelmed about organizing your home, take the first step: learn from an expert to get the job done and keep it organized for good. Aby Garvey, Simplify 101©, is a professional organizer and productivity expert. Take advantage of this special reduced fee, sponsored in part by The Women's Center and St. John's Mercy. Aby's down-to-earth approach takes you through a process to identify the areas in your home that need attention, prioritize your projects and create a reasonable plan.

Please call The Women's Center at 314.467.3863, Monday through Friday, to register. For more information, visit www.stjohnsmercy.org/womenscenter.

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St. John's Mercy Medical Center, a member of St. John's Mercy Health Care and the Sisters of Mercy Health System, is a 979-bed comprehensive teaching hospital, drawing health care professionals from across the nation, who specialize in nearly every clinical specialty. St. John's Mercy Health Care also operates St. John's Mercy Hospital in Washington, Mo., St. John's Mercy Medical Group, St. John's Mercy Health Services and St. John's Mercy and Affiliates, L.L.C.

Category	Health, Lifestyle
Tags	st john s mercy, women s center, simplify 101, organizing 101
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