

7th Annual South Jersey Sports Extravaganza and Wellness Expo

By Your Personal Trainer

Dated: Dec 11, 2007

Join us Friday and Saturday May 23-24 and Help us Fight Obesity this year at the Sheraton Atlantic City Convention Center Hotel Memorial Day weekend and change your life for the better in just one weekend.

The South Jersey Expo will be filled with free medial screenings, health services and merchandise such as sports and fitness related clothing, supplements, as well as games and competitions. The Sports Extravaganza will give audiences a taste of high caliber Martial Arts, Weight Lifting and Physique Competitions. While the Expo gives education and motivation to create a healthier lifestyle.

The expo is free with a small fee for the separate competitions.

When: Friday and Saturday May 23-24 2008 at the Sheraton Hotel and Resort Atlantic City New Jersey more info by calling 609-923-2663 and asking for James Jefferson or go to the web site. www.SouthJerseyExpo.com The Expo is Free.

Our Media Partners: Local TV, Radio and Newspapers will cover the event as well as our 4 Million Media Impression Marketing Campaign.

The South Jersey Sports Extravaganza and Wellness Expo is bigger and better than ever. Join us at this family event that offers a spectacular variety of charity fitness events and health exhibits along with sports competitions. This year we are focusing on fighting Childhood Obesity.

Special Events The 2008 Expo is the largest sports, fitness and health celebration in South Jersey. The crowds of athletes, spectators and exhibitors will make this a sellout. The long list of crowd-pleasing events and booths are both exciting and diverse. If you would like to have a booth for your company or sponsor the event you can get more info at our website.

Highlights: Among the annual expo highlights are personal appearances by well-known physicians, celebrities and star athletes from around the area. We will also have the professional mascots from the Pro Philly Sports Teams for the kids. The expo features up to 100 booths for attendees that want the latest in health and fitness goods and services. The main concourse entertainment includes Fitness and Nutrition Demonstrations, Contests, lifting competition, seminars, and many other demos. If you are looking for a Doctor or specialty you will receive, Free Screenings, Demos and Doctors Seminars all day long while the kids have a great time.

For a full list of our sponsors and vendors to go to our web site www.SouthJerseyExpo.com

Tickets are Free for the Expo and a small fee for the Physique show and Martial Arts Competition.

For more information see our website: www.SouthJerseyExpo.com Media Contact: James B. Jefferson EXPO DIRECTOR P-609-923-2663 Fax-413-691-6057 35 Jackson Rd. Medford N.J. 08055 The Event is being held on Friday and Saturday May 23-24 2008 at the Sheraton Atlantic City Convention Center Hotel Two Miss America Way · Atlantic City, New Jersey 08401 ·Phone: (609) 344-3535

Category	Wellness Expo, Health
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