

November is National Pomegranate Month

By FruitFast

Dated: Nov 14, 2007

FruitFast Makes this Exotic, Healthy Fruit Available All Year Long

Traverse City, MI - Shoppers are finding a wider than usual variety of tropical fruits available this season and among the most exotic is the pomegranate. It's National Pomegranate Month during November – a time to celebrate this tasty and nutritious fruit that contains natural phytonutrients and antioxidants.

Pomegranates are a tough-skinned grapefruit-sized red delicacy containing scores of tiny individual seed sacs that are deliciously sweet. Grown in the Mediterranean for thousands of years, this succulent fruit is now harvested domestically in the San Joaquin Valley in California and is gaining in use and popularity.

Until now, this perishable fruit and its many benefits had a short shelf life and was available fresh for only three months a year. FruitFast®, <http://www.fruitfast.com>, a functional food company offering premium 100% fruit supplement products, uses their proprietary process to make the benefits of pomegranates available all year.

“FruitFast offers pomegranates in several different forms that are 100% fruit without the preservatives, additives, fillers or solvents, plus they are convenient and available year round,” says process inventor and company owner Bob Underwood. “It’s a good feeling to know that our products are quality, laboratory-tested and widely endorsed by the USDA, doctors and, of course, our legions of satisfied customers.”

FruitFast, <http://www.fruitfast.com>, products include Wonderful Pomegranate Softgels, Wonderful Pomegranate Liquid, Pomegranate Fruit Concentrate and Wonderful Pomegranate Fruit Supplement Bars. Pomegranates and their natural phytonutrients help;

Maintain already healthy cholesterol levels*

Supports a healthy immune system*

Maintain already healthy cardiovascular function*

Guards the body against free radicals*

“It is believed that the synergistic combination of anthocyanins and other antioxidants – found in pomegranates, tart cherries and wild blueberries – are effective in supporting and maintaining a healthy lifestyle,” said Dr. Russel J. Reiter, endocrinologist and research scientist, University of Texas Health Science Center in San Antonio. “Good nutrition over a long period of time, which these fruits provide, will likely improve your health.”¹

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

###

ABOUT FRUITFAST

FruitFast is the exclusive producer of whole fruit softgel capsules including CherryFlex, Wild BlueberryIQ and their recent introduction---Wonderful Pomegranate. The nutraceutical and functional food company www.fruitfast.com also produces a variety of fruit supplement bars made from 100% fruit. All products can be ordered online or call toll free (1.877.591.3101) Monday through Friday, 8:30 a.m. to 5:00 p.m.

EDT.

Category Consumer, Food, Health

Tags pomegranates, health benefits of pomegranates, pomegranate supplements, pomegranate fruit, fruitfast, pomegranate

Email [Click to email author](#)

Website <http://www.fruitfast.com>

Phone 231.947.2304