

70's Music Icon-Rock Star Makes His Life An Open Book

By Xlibris Corporation

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Andy Pratt, releases memoir with Xlibris.

“This book is not just a memoir. It could serve as a primer in mental, physical, and emotional survival.”

Take it from Andy Pratt, a sensation in the 70s pop world, who decided to allow his creative writing juices to flow and make his life an open book. Literally. The result was his memoir, *Shiver in the Night*.

Andy was born just after the ravages of the Second World War in 1947. He is also the great-grandson of Charles Pratt, a turn-of-the-century oil magnate who went from his working-class Watertown, Massachusetts childhood to become Chairman of the Board of Rockefeller's Standard Oil and founder of Brooklyn's Pratt Institute. His father, Edwin Pratt (grandson of Charles), was a star Harvard drop-kicker, a World War II Pacific Navy officer, and the Headmaster of Browne and Nichols School in Cambridge, Massachusetts for twenty years.

Prior to his performing career, Andy graduated first in his class at Westminster and got into Harvard. There, Pratt discovered adult freedom in the form of alcohol, drugs, women, and rock and roll. However, his excesses resulted in the loss of his career, eventually plunging him into a depression. Andy wrote *Shiver in the Night* originally as a form of healing. He felt his burden lift when he would write about the things that haunted his memories.

One chapter of *Shiver in the Night* records the obscurity of Andy's personality, recounting four episodes at different stages of childhood and young adulthood that brought him face to face with his personal demons.

Shiver in the Night may be purchased directly through Xlibris Corporation or Barnes and Noble.com and Amazon.com.

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